

MAY 20 **BISON REC** JULY 26

SUMMER GROUP • FITNESS



M | **T** | **W** | **TH** | **F**

	6:30 - 7:30 AM Fac/Staff Only BOOTCAMP		6:30 - 7:30 AM Fac/Staff Only BOOTCAMP	
Noon - 1:00 PM Fac/Staff Only YOGA Laurie	11:00 - 11:45 AM YOGA Renee	Noon - 12:45 PM SPINNING Liz	11:00 - 11:45 AM YOGA Cheri	Noon - 1:00 PM Fac/Staff Only YOGA Renee
Noon - 12:45 PM SPINNING Liz	Noon - 1:00 PM KICKBOXING /H.I.T.* Will	4:00 - 5:00 PM YOGA Laurie	Noon - 1:00 PM KICKBOXING /H.I.T.* Will	
4:00 - 5:00 PM WARRIOR RIDE/ WARRIOR WORKOUT Jason	4:00 - 5:00 PM Fac/Staff Only TBC Dolores	4:00 - 5:00 PM WARRIOR RIDE/ WARRIOR WORKOUT Jason	4:00 - 5:00 PM Fac/Staff Only TBC Dolores	STUDIO 2
				DANCE STUDIO
				ROOKE CHAPEL

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** Indicates Class size is limited.*

Sign up for each class through the IMLeagues App. Registration begins 1 hour prior to class start time.