BILL will have in-person classes and events in Spring 2023, as well as some Zoom classes and events. Due to the ongoing threat of COVID infections, precautions will be necessary when meeting in person. BILL has adopted the following requirements, based on the CDC’s guidelines, Bucknell University’s policies, and consideration of the vulnerable age of our members and participants. Your understanding and cooperation are sincerely appreciated and will be expected.

A. When registering for an in-person class or event, you will be asked to attest that your vaccinations are up to date and affirm your willingness to comply with such masking and isolation precautions as may from time to time be updated. Your answers will not be shared beyond BILL.

NOTE: “Up to date” on COVID vaccinations means having the recommended COVID vaccines and the bivalent booster.

B. Vaccination and booster requirements
1. To attend in-person classes or events, you are required to have the bivalent booster. The booster is required because the initial series of vaccinations does not give sufficient protection against newer variants.

2. If you have recovered from a breakthrough COVID infection, you still must have the bivalent booster if the recommended time has elapsed since your initial vaccination series or previous boosters. According to the CDC, you should not get the bivalent booster until you have recovered and completed the isolation period and you may wait for up to 3 months.

3. If there is a medical reason your bivalent booster is contraindicated or must be delayed, please ask your doctor to write a note to the BILL office to that effect; BILL will not share that information. You must mask at in-person classes and events until you receive the bivalent booster.

C. Masking requirement
1. For indoor, in-person classes or events when the CDC rates the risk in Union County as HIGH, you must wear a mask covering your mouth and nose for the whole time, except briefly when eating or drinking while seated. A N95, KN95, or KF94 mask is recommended as most protective.

2. When the CDC rates Union County as MEDIUM or LOW risk, masking is optional, except that you must mask under these conditions:
   - You have a medical exception to the bivalent booster requirement.
   - You have cold symptoms (e.g., cough, congestion, runny nose, sore throat), even if you have had a negative COVID test.
• You have recovered from COVID but are less than 10 days past your first symptoms.

D. Attendance restrictions
You may not attend an in-person class or event if you currently:
• are awaiting the results of a COVID test,
• have a fever or flu symptoms,
OR, in the 6 days prior:
• have experienced any symptoms that could be COVID, unless you have tested negative on a PCR test,
• have tested positive or been diagnosed with COVID, or
• have been in close contact with someone who has COVID, is awaiting the results of a COVID test, or has exhibited symptoms of COVID.

December 13, 2022