

BISON REC

OCTOBER

GROUP FITNESS

REGISTRATION REQUIRED FOR ALL CLASSES

Register at KLARC.bucknell.edu
 Registration begins 48 hours prior to class start time.



WHERE IS
GROUP FITNESS?

- STUDIO 2
- DANCE STUDIO
- WEIS CENTER

M T W T R F

6:30 - 7:15AM FAC/STAFF ONLY YOGA - HILARY	6:30 - 7:15AM FAC/STAFF ONLY HIIT - FREDDIE	7:00 - 7:45AM *BISON RIDE CAMILLA	6:30 - 7:15AM FAC/STAFF ONLY HIIT - FREDDIE	6:30 - 7:15AM FAC/STAFF ONLY YOGA - TAYLOR
7:00 - 7:45AM *BISON RIDE BREE	NOON - 12:45PM *BISON RIDE KAREN/KARI	NOON - 12:45PM *BISON RIDE KAREN/KARI	NOON - 12:45PM *BISON RIDE KAREN/KARI	NOON - 12:45PM *BISON RIDE KAREN/KARI
NOON - 12:45PM *BISON RIDE KAREN/KARI	4:00 - 4:30PM MAX 30 FULL BODY JARRIN	NOON - 12:45PM FAC/STAFF ONLY YOGA - SUE ELLEN	NOON - 12:45PM PILATES VIVIAN	3:30 - 4:00PM TRX BUFFY
4:15 - 5:00PM BARRE/CORE ZOE	4:30 - 5:15PM *BISON RIDE SARAH	4:15 - 5:00PM PILATES VIVIAN	4:00 - 4:30PM MAX 30 FULL BODY JARRIN	4:00 - 4:45PM PILATES/BARRE BUFFY
4:30 - 5:15PM *BISON RIDE JENNA	5:00 - 5:45PM BARRE TARYN	4:30 - 5:15PM *BISON RIDE JENNA	4:30 - 5:15PM *BISON RIDE MARIA	4:30 - 5:15PM *BISON RIDE BREE
5:00 - 5:45PM FAC/STAFF ONLY HIIT - JILL	6:00 - 6:45PM HIIT TORI	5:00 - 5:45PM FAC/STAFF ONLY BARRE - TARYN	5:00 - 5:45PM BARRE/CORE ZOE	5:00 - 5:45PM FAC/STAFF ONLY HIIT - JILL
6:00 - 7:00PM *RIDE N HIIT MARIA/TORI	6:00 - 6:45PM *BISON RIDE BREE	6:00 - 7:00PM *RIDE N HIIT MARIA/TORI	6:00 - 6:45PM ZUMBA ALEXANDRA	
6:00 - 6:45PM ZUMBA ALEXANDRA	7:00 - 7:45PM KICKBOXING CAMONI	7:00 - 7:45PM YOGA ALEXANDRA	6:00 - 6:45PM *BISON RIDE SARAH	
8:00 - 8:45PM YOGA MITCH	8:00 - 8:45PM YOGA MITCH		7:00 - 7:45PM YOGA ALEXANDRA	
		*Limited space available		
				SUNDAY
				5:00 - 5:45PM BARRE/CORE ZOE



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