

**Physician or Mental Health Professional's Assessment and Recommendation  
Regarding Patient's Readiness for Bucknell University Reinstatement**

**(Please write very legibly)**

Date: \_\_\_\_\_ Student ID: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Physician or Mental Health Professional Providing This Report:**

Name and Degree:

\_\_\_\_\_

\_\_\_\_\_ Physician      \_\_\_\_\_ Psychiatrist      \_\_\_\_\_ Psychologist  
\_\_\_\_\_ Social Worker      \_\_\_\_\_ Counselor      \_\_\_\_\_ Other: \_\_\_\_\_

Business Address:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Fax#: \_\_\_\_\_

**Treatment Information:**

Date of patient's initial appointment with you: \_\_\_\_\_

Date of patient's last appointment with you: \_\_\_\_\_

Number of times patient was seen by you since withdrawal from university: \_\_\_\_\_

Total number of times patient was seen by you (if different than above): \_\_\_\_\_

*(Check all that apply)*

Treatment modalities used: \_\_\_\_\_psychotherapy      \_\_\_\_\_pharmacotherapy      \_\_\_\_\_  
other: specify \_\_\_\_\_

Description of symptoms at time of first appointment with you following their withdrawal:

\_\_\_\_\_  
\_\_\_\_\_

Prescribed medications and dosages:

\_\_\_\_\_  
\_\_\_\_\_

**Return to: Counseling & Student Development Center, Bucknell University, 1 Dent Drive, Lewisburg,  
PA, 17837 | FAX: 570-577-1849**

03/2023

Will patient be continuing with medication treatment after reinstatement? \_\_\_\_\_Yes \_\_\_\_\_No  
Issues addressed in treatment with you:

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Your diagnosis of patient (DSM-5): \_\_\_\_\_

Observed changes in patient's functioning during time in treatment with you:

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Remaining functional difficulties which need to be addressed in continued treatment or which may pose difficulties in relation to student's reenrollment:

Check any that may apply:

- \_\_\_\_\_Anxiety Symptoms
- \_\_\_\_\_Attention / Concentration Impairment
- \_\_\_\_\_Bipolar Mood Instability
- \_\_\_\_\_Depressive Symptoms
- \_\_\_\_\_Eating Disorder
- \_\_\_\_\_Homicidal Ideation/Intent
- \_\_\_\_\_Interpersonal Difficulties
- \_\_\_\_\_Motivational Difficulties
- \_\_\_\_\_Obsessions/Compulsions
- \_\_\_\_\_Panic Symptoms
- \_\_\_\_\_Personality Disorder
- \_\_\_\_\_Posttraumatic Stress Symptoms
- \_\_\_\_\_Psychotic Symptoms
- \_\_\_\_\_Self-Destructive Behavior – Non-Suicidal (i.e. – cutting)
- \_\_\_\_\_Sleep Disturbance
- \_\_\_\_\_Social Phobia Symptoms
- \_\_\_\_\_Substance Abuse/Dependence
- \_\_\_\_\_Suicidal Ideation/Intent
- \_\_\_\_\_Other:

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If any difficulties were selected, please elaborate, particularly with regard to whether or not student's remaining functional difficulties may contraindicate a return to the academic environment.

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**Your recommendation regarding patient's readiness to return to academic enrollment:**

Student is ready to resume full-time academic reinstatement

Student is not ready to resume full-time enrollment, but it is recommended that they enroll part-time

Student is not yet ready to resume any academic enrollment.

Comments:

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**Recommended treatment plan if student returns to Bucknell University enrollment:**

Continued treatment is not necessary at this time

Student will remain in treatment with current provider(s)

Treatment should be transitioned to Bucknell University or off-campus provider(s)

Additional treatment plan comments:

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\_\_\_\_\_  
**Signature of Provider**

\_\_\_\_\_  
**Date**