





















BREAKFAST




















CONTINENTAL

Continental breakfasts include orange juice, coffee, hot tea and ice water. Decaf available upon request. Pricing is per person.

- Traditional Continental**       \$6.75
Fresh fruit salad; assortment of breakfast pastries
- Continental Plus**       \$7.25
Fresh fruit salad, assortment of breakfast pastries, assortment of bagels with butter, cream cheese and jelly
- Healthy Start Continental**       \$7.25
Low-fat yogurt, fresh fruit salad, hard-boiled eggs and celery with peanut butter
- Bagged Breakfast**   \$5.75
Orange or cranberry juice blend, whole fruit, assortment of bagels with butter, cream cheese and jelly. No additional beverages included.




















































HOT BUFFETS

Hot breakfast buffets include orange juice, coffee, hot tea and ice water. Decaf available upon request. Pricing is per person.

- Sunrise**     \$8.25
Select one: scrambled eggs, French toast, pancakes
Select one: bacon, sausage, ham
- Deluxe**     \$9.25
Select one: herb and cheese scrambled eggs, French toast, pancakes.
Select one: bacon, sausage, ham
Fresh fruit salad
- Energetic Start**     \$10.25
Scrambled eggs with vegetables; oatmeal with brown sugar, dried fruit and nuts; low-fat yogurt; blueberry muffins
- Frittata**    \$9.75
Choose three: bacon, sausage, ham, roasted pepper, spinach, caramelized onion, tomato, broccoli, asiago cheese, cheddar cheese, pepper jack cheese.
Extras, add \$.70 per ingredient per person. Minimum 10 people.
- The Breakfast Sandwich**     \$8.25
Egg and American cheese on a plain bagel or English muffin. *Select one:* bacon, sausage, ham.
Fresh fruit salad.
















A LA CARTE

Pricing is per person.

Whole Fruit  	\$1.50
Scrambled Eggs (two eggs)  	\$1.50
Bacon (three slices)  	\$2.00
Sausage (two links)  	\$1.50
Ham (one slice)  	\$1.50
Chicken Sausage Patty 	\$1.85
Beyond Sausage Patty   	\$2.15
Pancakes (two cakes with syrup)    	\$2.00
Texas-style French Toast (one slice with syrup)    	\$2.00
Home Fries  	\$1.50
Hard-boiled Eggs (one per person)  	\$0.50
Celery with Peanut Butter (one per person)   	\$1.50
Fresh Fruit Salad  	\$2.50
Fresh Berry and Yogurt Parfait  	\$3.00
Low-fat yogurt with fresh berries and granola		
Low-fat Yogurt Cup   	\$2.00
Oatmeal 	\$3.50
With brown sugar, dried fruits, milk and nuts		
Overnight Oats  	\$3.50
Mini Frittatas (25)   	\$44.00
Mini Quiche (25)    	\$45.50
Breakfast Burrito  	\$5.75
With egg, cheese, peppers and onions. Select one: bacon, sausage or ham		
Tofu Scramble   	\$4.75

FROM THE BREAKFAST BAKERY

Pricing is per person.

Assorted Bagels 	\$2.00
with butter, cream cheese and jelly		
English Muffins 	\$1.00
White or whole wheat with butter and jelly		
Toast 	\$1.00
White or whole wheat with butter and jelly		
Assorted Muffins 	\$1.00
Assorted Mini-Muffins 	\$0.50
Assorted Mini-Pastries 	\$2.00
Assorted Breakfast Pastries 	\$2.00
Danish 	\$2.00
Donuts 	\$1.50
Donut Holes 	\$0.50
Sticky Buns 	\$2.00
Streusel Coffee Cake 	\$1.50
Assorted Scones 	\$2.00
Breakfast Breads (2 slices) 	\$1.00
Bison Energy Barz 	\$3.00

ALLERGEN KEY



Please be aware that our food is prepared in a facility that processes nuts and gluten.