GENERAL TEST STUDY PLAN

The more times you can use your brain with material, and the more different ways you can put information through your brain, the more likely you are to have good understanding and easier recognition.

Look over all your quizzes, HW & tests at specifically the questions you got wrong. Try and identify WHY you got them wrong... was it lack of study? If so, why didn't you study that enough/more? Was it something tricky in the question, or not reading the question completely? Was it timing, or overthinking? Try to identify patterns here that will help you avoid making those mistakes in the future.

- Re-read to find or write questions
- Practice answering questions
- Then PRACTICE more without NOTES
- Think about specific concepts/ideas that confuse you, write Qs
- Focus your attention/time on the hardest stuff
- Make **connections** between material
- Plan for likely test questions
- **Recite** (talk through) what you know
- Listen to others' questions, and/or explanations; rephrase them!
- Practice time limits w/ unfamiliar problems

Backwards Planning for a Big Test

Spend about 1-2 hours per day working on this, so that the time is spread out as much as possible. The days before the test should only be a ramp up to 3hr/day or so, because you'll be a long way towards ready at that point.

- >1 week before = survey all material, identify areas of strength and weakness, practice the easy stuff once, get help re-learning or working through the areas of confusion throughout the material
- 1+ week before = 50% ready; survey everything again, quiz yourself on everything 1-2x, sort which 50% you know (√+) and 50% to review/learn more (√- or ?), make connections between topics and work on challenge/problem areas
- 3-4 days before = 75% ready, focus on the hardest/last 25%
- 2 days before = 85-90% ready
- 1 day before = 90-95% ready, focus on the hardest material, take breaks
- Test Day/Due Date = 100% ready, relaxing review if any